

DAFTAR PUSTAKA

- Acedo, A. *et al.* (2015) 'Upper trapezius relaxation induced by tens and interferential current in computer users with chronic nonspecific neck discomfort: An electromyographic analysis', *Journal of Back and Musculoskeletal Rehabilitation*, 28(1), 19–24. <https://doi.org/10.3233/BMR-140482>.
- Aguilera, JF. *et al.* (2009) 'Immediate Effects of Ultrasound and Ischemic Compression Techniques for the Treatment of Ttrapezius Latent Myofascial Trigger Points in Health Subjects: A Randomized Controlled Study', *Journal of Manipulative Physiological Therapy*.
- Amirdehi, MA. *et al.* (2013) 'The neurophysiological effects of dry needling in patients with upper trapezius myofascial trigger points: Study protocol of a controlled clinical trial'.
- Amjad, F. dkk. (2016). *TRANSCUTANEOUS ELECTRICAL NERVE*, 8(1).
- Azatcam, G. *Et al.* (2017) 'Comparison of effectiveness of Transcutaneous Electrical Nerve Stimulation and Kinesio Taping added to exercises in patients with myofascial pain syndrome', *Journal of Back and Musculoskeletal Rehabilitation*, 30(2), 291–298. <https://doi.org/10.3233/BMR-150503>.
- De Almeida Paz, I. *Et al.* (2014) 'Effects of ischemic compression of trigger points in painful episodes of patients with chronic shoulder pain', Systematic Review. *MTP & Rehab Journal*, 12, 87–92. <https://doi.org/10.17784/mtprehabjournal.2014.12.172>.
- Desai MJ, Saini V, Saini S. *Myofascial pain syndrome: A treatment review*. *Pain Ther*. 2013;2:21-36.
- Gemmel, H., Miller, P., and Nordstrom, H. (2008) 'Immediate effect of ischaemic compression and trigger point pressure release on neck pain and upper trapezius trigger point: a randomized controlled trial', *ClinChiropract*. 11: 30–6.

- Gerber NL. *Et al.* (2011) 'A brief overview and update of myofascial pain syndrome and myofascial trigger points. J Spinal Res Foundation. 2011;6:56-62
- Haryatno Pajar, Heru PK. (2016) 'Pengaruh Pemberian Tens Dan Myofascial Release Terhadap Penurunan Nyeri Leher Mekanik', Jurnal Terpadu Ilmu Kesehatan. 182–188.
- Hurling-Randolph M. Kessler, Lippin Cort Willians and Wikins. (2005) '*Common Musculoskeletal Disorder*', Physical Therapy Principles and Methodes, 4th edition, hlm.152 Seattle, Washington
- Hutagalung R dan Sugijanto. (2007) '*Perbedaan Pengaruh Intervensi Mwd Dan Tens Dengan Mwd, Tens Dan Traksi Leher Manual Terhadap Pengurangan Nyeri Kepala Pada Cervical Headache*', Jakarta : Jurnal Fisioterapi Indonesia.
- Nambi, G. *Et al.* (2013) 'Difference in effect between ischemic compression and muscle energy technique on upper trepezius myofascial trigger points: Comparative study', *International Journal of Health & Allied Sciences*, 2(1), 17. <https://doi.org/10.4103/2278-344X.110570>.
- Parjoto S. (2006), '*Terapi Listrik untuk Modulasi Nyeri*', Semarang: Ikatan Fisioterapis Indonesia.
- Ramanathan, K. (2015), 'Effect Of Conventional Physiotherapy [Tens And Ultrasound] Vs Ischemic Compression With Stretching In The Treatment Of Active Myofascial Trigger Points For Upper Back', *Journal of Physiotherapy & Occupational Therapy*, 1(2).
- Stepien J. (2013) 'Trigger point dry needling', J Spinal Res Foundation. 2013;8:38-40
- Sterling, M., & Rebbeck, T. (2005), 'The Neck Disability Index (NDI)', *Australian Journal of Physiotherapy*, 51(4), 271. [https://doi.org/10.1016/S0004-9514\(05\)70017-9](https://doi.org/10.1016/S0004-9514(05)70017-9).
- Tammy Lee. (2009) '*Myofascial Pain Syndrome*', Lippincott Williams and Wilkins.
- Tough EA. *Et al.* 'Acupuncture and dry needling in the management of myofascial trigger point pain: A systematic review and meta-analysis of randomised controlled trial', *Eur J Pain*. 2009;13:3-10.